

## Packing List

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### General list:

- [ ] Toothbrush & Toothpaste
- [ ] Shampoo & Conditioner
- [ ] Face wash
- [ ] Sunblock
- [ ] Lotion
- [ ] Deodorant
- [ ] Hairbrush & Hair- ties/ clips
- [ ] Glasses/ Contact lenses
- [ ] Bath towel
- [ ] Swimming/Beach towel
- [ ] Bed Sheet
- [ ] Pillow
- [ ] Comforter/ sleeping bag
- [ ] Underwear (6+)
- [ ] Shirts & shorts (6+)
- [ ] Socks (6+)
- [ ] Sports Bras
- [ ] Flip Flops
- [ ] Swim Suit/ Board shorts
- [ ] Warm-up pants
- [ ] Warm- up Jacket/ Hoodie
- [ ] Laundry bag (for dirty clothes)
- [ ] Running Shoes (if desired)
- [ ] Casual clothes (jeans, etc)

### Tennis list:

- [ ] Hat/Visor
- [ ] 3 ring binder w/paper and pen/pencil
- [ ] Water bottle
- [ ] First Aid Kit (Band-Aids, athletic tape, disinfectant, etc.)
- [ ] Extra over grips (\$3 from the Pro-Shop)
- [ ] Tennis Bag & Racquets
- [ ] Tennis Towel
- [ ] Cell phone & charger
- [ ] Head phones
- [ ] Camera
- [ ] Cash or card for snacks/souvenirs/stringing/extra gear/etc.
- [ ] Make –up
- [ ] Hair styling products
- [ ] Non-perishable snacks for the week (chips/ cookies/crackers/pretzels/fruit & nut bars/trail mix)

**\*\* Place Locks on your Duffle bags. (Soft luggage bags are preferred hard suitcases)**

**\*\* Pack any needed medication in Ziplock Bags and include instructions. - Campers are to notify Director Kim of required medication and where to find it in case of emergency**